

# Parkland or Nearby Resources

- Discharge Destination:
  - Often require physical/occupational/speech therapy recommendations
  - LTACH - vents/trachs/frequent blood transfusions/ complex wound care.
  - SNF - Skilled needs, need antibiotics, wound care .
  - Nursing home for patients requiring custodial care (care that does not need to be signed off by an RN e.g.cleaning, mobility, food).
  - **Alert Social Workers Early for Placement**
- Housing
  - Many shelters; social workers can provide lists and call those shelters in advance sometimes
  - Patients often have to enroll in these shelters before 4-5pm, so it is best to discharge the patient as early as possible
- Domestic Violence
  - Consult Victim Intervention Program (VIP) if patient agrees
- Substance Use Disorders
  - Rehabilitation Programs - require patient to self-present, but social worker can provide a list of locations
  - Peer navigators (non-medical staff who identify with dealing with a substance use disorder)
  - Addiction Psychiatry for acute indications (e.g. alcohol withdrawal)
- Transportation
  - Able to provide Dart Passes and occasionally taxis
  - Medicaid also has a transport program, but patients must be enrolled. Social workers can help enroll.
- LGBTQIA+
  - Resource Center - located on Cedar Springs, 3-4 min drive from Parkland; can look at their website online to determine if they have appropriate resources

# Parkland Supplemental Funding 101

- **Social workers** sit near charge RN stations
- **SPCD:** [Self Pay Charity Discount](#) for patients who do not qualify for PFA - 8 tiers
  - SPCD has a **Copay** based on **sliding scale**
  - Outpatient visits will always have a co-pay
  - Outpatient mammograms, FIT, LDCT are free though
  - Can retroactively apply as long as service occurred < 3 mo ago
- **PFA:** [Parkland Financial Aid](#) - 4 tiers
  - Need to be a **Dallas** County Resident\*
  - Also has sliding scale but **better than SPCD**
  - Often covers all meds, clinic visits, admissions
  - Always **encourage patient to fill out application** while in hospital if possible
  - Unhoused patients automatically qualify for 100% coverage
- **Discharge Medications:**
  - Depending on tier/need, can get 30+ days free of high risk medications (e.g. anticoagulants, GDMT)
  - When in doubt, **CALL SOCIAL WORK AND/OR PARKLAND RETAIL PHARMACY**, sometimes the magic words are “presumptive PFA” if an application is pending (then they can provide 30 days free)
- PFA and SPCD **DON'T Cover:**
  - Home health
  - Durable Medical Equipment (DME)
    - Oxygen concentrator (\$400)
    - Talk to social work EARLY
    - In rare instances, can be covered with social work help - talk to them!

# Resources for the VA

## NO CONSULT NEEDED services (i.e walk-in)

1. Amputation specialty (any amputee, supplies and such)
2. Audiology
3. Eye (routine eyeglass Rx or diabetic eye)
4. Mental Health
5. Nutrition (and specifically that any nutritional supplement has to be approved by nutrition, cannot be ordered directly by provider)
6. PM+R Wheelchair (this is even for veterans requesting power chairs)
7. Social work (next to pharmacy)

## TRAVEL Related:

1. **No cost travel to appts** (must call 30 days or more in advance to schedule): 903-583-6496
2. **HBPC (home based primary care)** for elderly/perhaps demented/ debilitated/ homebound veterans that have difficulty making it to appts. veteran still has to come to VA for specialty appts. Must be 1. Homebound 2. Live within 50 miles of the VA 3. Agreeable with the program

## Assistive Devices:

1. **Available via Prosthetics:** Braces, diabetic shoes, scales, foot mirrors, compression stockings, heating pads, nebulizer
2. **Continuous glucose monitoring** system requires Pharm D in clinic or endocrine/diabetes consult
3. **PM&R** (not PRIME) must order DME/mobility aids such as canes, walkers
4. **Visual impairment service** that provides assistive devices available for veterans legally blind (acuity 20/200 or less in better eye with best correction)

## Just VA Loopholes to be aware of:

1. **DOACs** are readily available but requires RDR and Anticoagulation Consult requiring approval from pharmacy
2. Order all Home Health under the ATTENDING's name to prevent consult rejection
3. Consults may require very specific things; Always order to prevent rejection of consult (e.g. Order XR even if MRI has already been obtained to prevent Ortho consult rejections)

## Miscellaneous:

- 1) Patients all have 0 - 100% Service Connection determined by VA offices. This determines certain care they can qualify for and additional support.
- 2) For those with substance use disorders experiencing homelessness, there is assistance/ domiciliary (temporary housing for rehab/vocational assistance) through a Mental Health Consult
- 3) You can consult social work in the outpatient setting (e.g. PRIME Clinic)

## Only some vets qualify for...

- ~dental - need 100% service connection
- ~nursing home (long term care) paid by VA
- ~beneficiary travel (1. Bedbound 2. Wheelchair bound 3. Legally blind 4. Spinal cord injury patient 5. Reside in contract nursing home)

## Not available on-site...

- ~allergy/immunology
- ~obstetrics